



The Power of Prayer

Miracles are everyday occurrences at Gobind Sadan. His Holiness Baba Virsa Singh explains: "Miracles are God's nature. Wherever prayer is offered with full love and no self-interest God will surely listen and respond."

In Gobind Sadan spiritual energy permeates everything, and those who read scripture, pray, meditate, and do seva receive great blessings. In addition, there are two main sites where prayers are being offered for healing:

The main havan--According to Babaji's vision, the havan has been burning continuously in the same spot since 1968. Jaap Sahib and Chandi di War of Guru Gobind Singh, and Hanuman Chalisa are recited 24 hours a day as ghee and incense are offered to the sacred fire. Babaji has deputed Hardeep Singh, son of our beloved Gyaniji, to offer prayers for people at the havan. According to the situation, people are instructed to offer prasad--rot (sweet bread in honour of Hanuman), a deg of sweet rice in honour of the Prophet Mohammed, shahidi deg, or jalebi. The Power is so great that if God so blesses, people's needs are fulfilled.

Jesus' place, where a life-sized image of Jesus stands with arms outstretched welcoming those in need, as he appeared to His Holiness Baba Virsa Singh many years ago showering blessings on the community. Each night 125 candles are lit and the Lord's Prayer is offered in many languages by the Sikhs, Hindus, Muslims, Buddhists, and Christians present.

Here Babaji may send Mary Pat Fisher, who has devoted the past 15 years of her life to serving and developing Gobind Sadan, to pray to Jesus for His Divine Blessings. Many people come on their own around the clock to offer flowers, incense, and candles to Jesus. As Jesus is known as the one who takes away the pain of the world, if God so wills, whatever troubles people face are solved.

Babaji says:

Wherever God is remembered night and day, such a blessed atmosphere will be created that healings will occur automatically.

However, the greatest healing comes from looking within ourselves. We all have a wonderful power within us. Whether we are poor or rich, sinner or saint, we have light within us. The supreme truth of going deep inside oneself is that we recognize that Power which lies within us as light. When we are in love with God, kindness will develop within us, and love, and feelings of service. When our mind is healed, our thoughts will become very pure and holy, and our body will also be very happy.

By contrast, fear, hatred, and the ego itself have a very negative effect on the body. This is our greatest ailment. Whenever we are under the influence of anger, every part of our body trembles. When we are afraid, fear weakens our mind and also our body. The disease of nervousness, of worry, afflicts ninety percent of people. If this affliction is eradicated from the mind, all physical diseases will also end.

We may try to heal our body with the help of herbs, or allopathic medicine, or homeopathy. But who will heal our thoughts? The body may of course be healed and the ailment eliminated. But it is our thoughts that irritate us.

Throughout the world people are trying to be comfortable by every means possible, be it yoga or medicine or acquiring big cars and big houses. Despite all this, people are still not happy. We should instead transform our mind, our thoughts. When we heal our mind, disease will have little chance to enter our body, and negative thoughts will not have the opportunity to pollute our mind.

Humans are the most poisonous of all creatures. When we become angry and commit a crime, a wave of poison spreads through the atmosphere. If we purify our thoughts, if we make them loving, serving, and compassionate, the environment of the whole world will be cleansed.

When our thoughts are poisoning us, how will worldly medicine help us? If we could achieve pleasure through medicine alone, then those rulers with very learned doctors would be supremely happy. But both the rulers and the doctors are unhappy.

The medicine for our thoughts is not to be found in the world. We can get it only from meditation. When we turn within and meet God, we will all be healed. God will heal our inner sickness and our outer sickness as well.

I am always surprised when people speak of my appearing to them or healing them, as it was God's greatness. I myself never know what happens. It is God's Power, and the power of Nam and Jaap Sahib that can heal not just people but also whole countries, the power even to stop the Holy River Ganges from flooding. People came to me last year saying that the river was rising and was about to wipe out their village. They asked me to pray for them. Mata Ganga appeared in vision and agreed to spare the village. I told the villagers to do ardas and offer prasad to Mata Ganga and she would recede.

The people were so happy that their village was spared, but these are common things for God. Everything is under God's command-- the trees, the air, the earth and water. God resides everywhere. God is also present in those we may consider atheists. To God there is no question of high or low or to which religion one belongs. His spirit is within everyone and His Light radiates throughout the entire cosmos. If

people understand this simple fact, then the killing and conflict in the world will end and peace will follow.

A Few of the Everyday Miracles

People come to Gobind Sadan with a great variety of difficulties, and many are experiencing relief from their problems. Babaji says, "A good doctor is a also gift from God. After all, it is God's power that works through a doctor's mind and hands to heal us." But in the cases that confound physicians, God often does intervene both to bring healing and to increase a person's faith.

The following extracts are just a few recent examples out of the many that occur on a daily basis at Gobind Sadan. More details can be found in the Spiritual Healing section of Gobind Sadan's website. If you have had any noteworthy healing events in your life please send them to healing@gobindsadan.org.

False case against journalist

A false case was lodged against Neeraj, a journalist, and six others that they had illegally taken possession of a house. Neeraj was arrested and put in jail. That night Hardeep prayed at the havan for him and prasad was distributed. The next morning the judge declared the case false and said that Neeraj was innocent, and he was immediately released. The other six were kept in custody.

Run-away daughter returns safely

A girl had been missing for 5 to 6 days. The boy suspected was questioned by police but denied any involvement. The desperate parents came to Gobind Sadan and did ardas asking how soon they would know. They were told that God's power is very great and they would find their daughter soon. As soon as they reached Gobind Sadan's gate the girl called apologizing.

Business

Amit from America called Hardeep asking, "Should I leave the company and do my own business or stay?" The order came to start his own business. At that point his salary was \$75,000. When he told his boss, the boss offered him a salary of \$100,000 if he stayed.

A few days later he offered prasad at Gobind Sadan--jalebi, rot, shahidi deg-- and again gave his resignation. This time the owner offered him a one-third share of the business plus salary of \$125,000.

College Admission

In India, space in college is extremely limited, and those who do not get in have little opportunity to get good jobs. Therefore, admission is fiercely competitive and students or their families often come to Gobind Sadan for blessings.

Raja's rank was 2259 and grades 55%, with no hope of admission into a college. He did ardas and sponsored rot, and received admission. Another student received only 55% marks. After ardas she was taken first out of 1100 students.

Cancer

Pritpal, a middle-aged man, was dying of bladder cancer. Doctors gave him no hope. Over a 4 month period he prayed at Gobind Sadan and offered prasad and now there is no cancer left in his body. He has completely recovered.

Brain tumor

Pava had an inoperable brain tumor. Nonetheless, to try to save her, doctors performed the operation. She suffered severe complications. She was taken home and presumed dead. Ardas was done at the havan, and within two hours her pulse returned. Now she is fine.

Kidney damage

Both kidneys of a 15-year-old girl had failed and she was on dialysis. She came to Gobind Sadan and offered rice deg and special havan. Now both kidneys are normal and she is off dialysis.

Bus accident

Paramjit was hit by a bus. Her whole side was damaged and she was bleeding internally for 2 days. She was given transfusions of 9 bottles of blood, but doctors could not stop the bleeding. Her family came and did ardas and offered prasad – rot, kuchi pinni, and rice deg at the havan, and panjiri and flowers at Jesus' Place-- and the bleeding stopped.

Woman unconscious with liver damage

Doctors gave Surinderpal little hope unless a liver transplant was performed abroad at a prohibitive cost. The family appealed to Babaji. The order was given to light seven candles at Jesus' place and burn black oil seeds in the havan. The family also pledged that they would offer a rot and a deg of rice when she was all right. They put a picture of Babaji in her hospital room. Within 4 days there was a marked improvement and she was discharged 10 days later in good condition. No further treatment was required.

Blind boy sees

Nitin, a 20-year-old Hindu boy, was blind from grief for a year and a half after his mother died. Doctors said his optic nerves could not be restored by any means. He was led to Gobind Sadan, where he was prayed over by the Muslim imam, who then put the water from Jesus' feet in his eyes and took him to Babaji, who blessed him to see again. Now he has recovered enough of his sight to do every kind of work at the guesthouse.

Pain Unwinding

Tim, a popular Christian minister from Texas, appealed to Gobind Sadan for relief from unrelenting, excruciating pain in his twisted arthritic spine. He had given up pain medication since it no longer worked. The terrible pain had lasted for 17 years; for the past two years he could barely walk across a room. Babaji ordered that prayers and candles should be offered for him at Jesus' Place, that a special havan be done for three days, and that Hardeep should also pray for him. Hardeep sent a message for him to wave Chaur Sahib (sacred whisk) over Guru Gobind Singh's portrait morning and evening, put a kirpan in a glass of water and stir it praising Guru Gobind Singh, and promise to sponsor feeding of sweet rice to the poor in honor of the Prophet Mohammed. Babaji said, "Don't worry—he'll be okay."

Within two weeks, the pain and pressure had subsided by 50%, and his body was "unfolding like a paper lantern." He writes, "I am once

again joyfully participating in the life each day brings me rather than simply surviving and enduring it so I can escape into sleep.”

Neelam had great fluid swelling behind her knees and osteoarthritis, and could not walk without great pain. She went to a highly respected Delhi hospital and consulted with a well-known orthopedic surgeon, who said a major operation was necessary but couldn't guarantee whether she would be able to walk afterward or not. The date for the operation was fixed. She came to Babaji and he told her no operation was necessary. He told her to do seven days of seva at Gobind Sadan, told Mary to pray for her at Jesus' Place, and told Neelam to distribute panjiri there after she was okay. Oil from the ever-burning oil lamp was rubbed behind her knees. Now the swelling is gone, and with the help of medicine only, she is okay. She is beaming.

Her son walks again

Neelam's son Pankaj had a torn ligament in his right ankle from a motor scooter accident. They took him to some of the best hospitals in Delhi. A very well-known orthopedist ordered an x-ray and MRI of his ankle. All the doctors advised surgery, so the room was booked. But the doctors could give no assurance that he would be able to walk after the operation. They came to Babaji and he said, "No operation is needed. Instead, do seven days' seva here and have him take jaal (holy water from Jesus' feet) for seven days. After that, go to any doctor you want for a second opinion, get any x-ray, get any MRI you want, and they will all be normal." After Neelam had done 7 days' seva at Gobind Sadan, she went home and found Pankaj walking all around. Fifteen days after the seva started, they took him to another respected surgeon for the second opinion. He examined Pankaj, looked at the x-ray and MRI and declared, "This is not the MRI of this patient." Babaji said to the family, "I don't do anything; It is God who does everything. There is no greater doctor than God, and He will cure you."

Arthritis and thyroid cured

Twenty-two-year-old Meetu had severe chronic arthritic pain in her knees and back and was gaining weight with an enlarged thyroid. After prayers at Jesus' Place, Mary recommended that she scrub the floor in the "Green Room" next to the langar, where Babaji's old rocking chair is reverently placed. The first day was very difficult. Because of her arthritis, Meetu had been in such pain that she had not scrubbed a floor for a year. It took two hours for her to finish the work. The second day her pain was slightly decreased. The third day she had no pain at all. She finished scrubbing the floor in thirty minutes and is pain-free to today. As she continued scrubbing the floor daily, her thyroid problem also ended. Her doctor was amazed to discover that after one month, she had no trace of either thyroid problems or arthritis and had lost 8 kilograms.

Eyes healed

Prithipal had severe glaucoma in both eyes but was too old to withstand any more eye operations. His own excellent eye surgeon had no hope of being able to help him any further and had referred them to another doctor. Prayers were offered for him at Jesus' Place and the sacred water from Jesus' feet was rubbed on Prithipal's eyelids. A few days later the family returned with a huge rose garland and a big box of apples to distribute to the poor. They reported happily that when they went to the second doctor, he discovered that without any medical treatment, the eye pressure had dropped from 22 in one eye to a normal 11, and from 22 in the other eye to 19. Now both eyes are down to 10, and he says, "It is unimaginable. Now I am totally fine, by Jesus' blessings."

Chand's elbow fixed

Miss Chand, a long-time devotee of Babaji, reports, "I had a fracture of the elbow of my right arm, and my family members were very disturbed and concerned that if I did not heed the doctor's advice, I would be handicapped forever. The doctor's advice was that an operation is a must; a wire must be fixed to join the unattached fracture to the elbow bone to keep it in place. There was a one-inch gap. My doctor cousin, who is a world-renowned radiologist, on checking my x-rays said it was impossible for the elbow fracture to be fixed without an operation." Instead, Chand called Babaji, who sent Mary to pray for her. The order came for Chand to touch the feet of Jesus in a photo of Gobind Sadan's Jesus, and he would heal her. Jesus said, "I reach where doctors cannot reach." Chand was also to distribute 25 kilograms of panjiri and to start writing down her memories of Babaji. From the first time she touched Jesus' feet in the picture, she felt such strong vibrations coming from them that her body was swaying. She reports that she is being healed both mentally and physically—without any operation—and in high spirits she is happily distributing panjiri to slum children, orphans, gurdwaras, and leprosy patients. Now she can bathe and dress herself without assistance or pain and expects to be driving again soon, as Babaji told her she would. Chand says, "The issue is between Science and Religion, Science and Intuition, Science and Faith. I had many sleepless nights making this hard decision, but with the Grace of God, Guru, and Jesus, my Faith has born fruit."

Young criminal transformed

William, one of the young men who was arrested and imprisoned for setting fire to Gobind Sadan USA in his confusion after the September 11 attacks, has been lovingly supported by the Gobind Sadan community and maintains written communications with them. On July 4, 2005, he wrote, "Well, it's been a while since the last time I wrote. And I deeply apologize. But you guys have all been in my prayers. And I hope everything is back on track like it was before my foolish mistake with my friends on November 18, 2001. I could never apologize enough to you and everyone I hurt mentally when the fire happened.

I have since then turned my soul over to the Higher power which has changed my life. Although I'm still confined to this place a lot has changed for the better. I go to a parole board in five months. I'm not sure if they will let me come home. But if my higher power thinks it's time then I'm sure good will turn out. I sit and think a lot about that night. Regrets I have for being there that night. But since that time I've managed to open my eyes and learn about things other than ruining things. Although I lost the only woman I ever loved, Cassie, and haven't seen my son in years, there will be good to turn out soon. I really used these last four years to help myself. I finished school, took college classes. Took some other programs that I thought I could use in the future. You can never put too many tools in tool boxes. I would like to voluntarily work with you when I get out."



Gobind Sadan Youth for Peace

One of the most exciting developments of the summer was the organization of Gobind Sadan Youth for Peace by the children resident in Gobind Sadan. Under the guidance of Ralph Singh



and Joginder Kaur, the children formed themselves into four "houses" or teams named after Guru Gobind Singh Ji's four sons, and competed for the Running Trophy. Gurpreet Kaur, Captain of the winning Sahibzada Jujar Singh Ji team, shared some of her thoughts: "The Children of Gobind Sadan are the seedlings of Gobind Sadan Institute's great tree, whose branches bear the fruit of interfaith understanding and world peace. We have devoted our free time to service projects, working in the langar and library, and community cleanup, as well as classes in [Kirtan](#), history, and spiritual practice. We continue to prepare ourselves through writing and oration for debate on key social and religious issues. We invite all youth associated with Gobind Sadan to join with us in this great venture, for we are the torchbearers of Peace." Interested youth can send their thoughts to youth@gobindsadan.org.

New Database

We thank those of you who have returned your forms. Those of you who have yet to reply, please do send your forms or email them to database@gobindsadan.org.

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